

POLICE

FRIENDLY

EYES IN THE SKY

Whittier PD goes high-tech

Officer Brenda King recently used her DJI Mavic 2 EA drone to bust, a fleeing domestic violence suspect and Whittier Lt. Mike Przybyl, helps run the high-tech team, Page 12



Hamodila@mier psy49



POLICE

Should your homeowners
association erect signs to brand
friendly Hills on Colima Road?
page 20



Adventures on the road page 22

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PRESIDENT'S MESSAGE





W. Allan Nakken

We've got an epic dilemma.

Take a 23-year drought, Metropolitan Water District restrictions and no rain in sight. My primary job as president of your homeowners' association is to urge you to keep your properties watered and green to uphold property values.

Hence our dilemma.

The fact is a terminal lapse of planning over the last several decades has put all our eggs into the continued perceived bounty of the Colorado River. Desalination of our ocean's water is one sure way to ensure we have what we need.

The state is flush with money and should be exploring all options. On top of this Sacramento is requiring Whittier to zone for more than 3,400 new homes over the next eight years.

If we don't have enough water for those who already live here, how in the world could one expect us to meet that extra burden?

With high gas prices, food costs and taxes, it's a tad depressing to learn good friends are leaving California for cheaper land and better deals elsewhere.

I might remind you it's Shangri-La living in Friendly Hills.

By now most of you are aware of the Marie Callender's lot project, 9829 La Serna Drive, has been approved by the City Council. There will be 41 new living units placed on that land built by Mission Pacific Investments of Newport Beach.

As a board we have not officially taken a position on the project because it is a commercial property not technically within Friendly Hills.

And I am working with the city to study the feasibility of a monument sign heading north on Colima Road next to Whittier Community Hospital. It will tell drivers they are entering Friendly Hills, the unscripted masterpiece of Southern California.

Allan Nakken

President

Friendly Hills Property Owners Association

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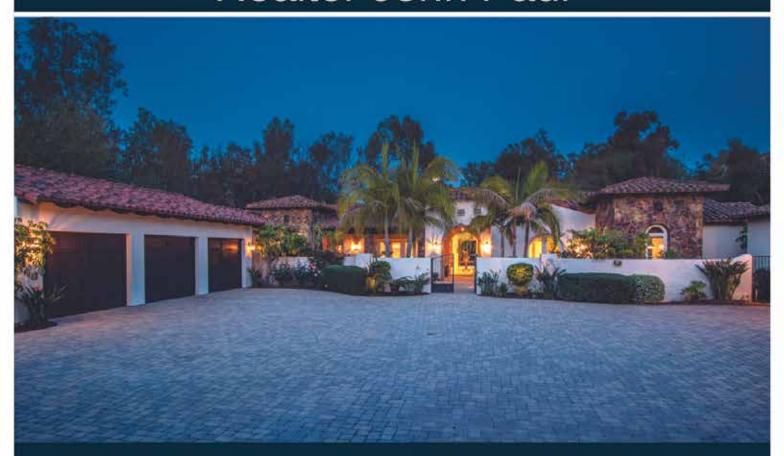


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What is Medi-Medi, and What it Means for Long-Term Care

Many Americans, if asked "what is the difference between Medicare and Medi-Cal?" may answer with the following:

"Medicare pays for healthcare for those over 65. Medi-Cal pays for healthcare for low-income individuals and those with disabilities."

This is a good start. However, this definition assumes that both programs focus only on medical costs and coverage. While both are concerned with this, Medi-Cal also contains funding for many social and community support services that aim to improve overall health and well-being, but are outside of what the "healthcare system" pays for.

However, Medi-Cal as we know it is evolving significantly, due to the roll out of California Advancing and Innovating Medi-Cal (CalAIM).

What does CalAIM do? While you can visit the state DHCS site to read more, the most relevant change is that it opens up various Medi-Cal long-term care and social service programs to seniors with far higher incomes and asset levels. This opens the door for more people to become "Medi-Medi," where hospitalization, doctor visit medical care, and prescription drugs paid for by Medicare, and social and community based services (and in some cases, money to help pay for the insured's out-of-pocket costs for Medicare services) are paid by Medi-Cal. The same individual can thus draw funding and services from both purses.

Here's how the shake-up affects the long-term care industry. For years, families sought to use legal but creative ways to move assets around to quality for the non-MAGI Medi-Cal eligibility standards (which included very low income ceilings, and maximum assets of \$2,000 (with certain exclusions). They did this because once Medi-Cal eligible, a person can participate in Medi-Cal programs that pay for some types of long-term care. This includes care in a nursing home or similar comparable facility for the medically-needy, as well as the ability to participate in a program called In-Home Supportive Services (IHSS). With IHSS, a senior can identify and "hire" someone to work for them as a caregiver to meet their needs, and the state will pay the wages to this person. When you start to add up how many thousands of dollars either of these can add up to being per month, becoming Medi-Medi and drawing from both of Uncle Sam's pockets starts to sound pretty attractive.

What changes with CalAIM is that a) income is no longer a disqualifier (share of cost may apply though), and b) the disqualifying asset-ceiling (excluding your home) jumped from \$2,000 to \$130,000 per individual (\$195,000 if married), if you're over 65. Thus, maneuvers such as rearranging one's estate, advance gifting assets, etc may not be as necessary to become medi-medi eligible as they once were.

With California having over 14 million residents enrolled in Medi-Cal, this opens up the door for many, many more to jump in.

But it's not as if everything is free. For a couple, if you draw thousands of dollars a month of nursing home or IHSS support, you'll have a "share of cost" for everything over \$934/month. Think of this as a deductible. If the nursing facility costs \$8,000/mo, and the household earns \$4,000/mo, you'll pay \$3,066/month, and Medi-Cal pays the

remaining \$4,000. Clearly, the more income you have, the less being Medi-Medi with share of costs makes sense. Also, it assumes that the person can get by with very little (\$934), which is likely fine if the person lives in a facility, but perhaps not if loving at home (with groceries, utilities, property taxes, and other costs to consider).

So, why is a provider of professional licensed home care, talking about this (especially since IHSS will not directly pay a licensed home care agency)?

It's because first and foremost I want to help you and our community in any way I can. But it's also because whether you hear about it from the news or from me, this still doesn't solve the needs for many people. This is because our state has an extreme caregiver shortage. Even though you have a timesheet someone can fill and receive the state's money, I have spoken to families who have spent months trying to find a caregiver who can meet their loved one's needs. Secondly, it's not uncommon to assist families who were burnt out because of the unreliable quality of care or attendance they received from their IHSS caregiver. There is a reason that historically, Medi-Cal and quality haven't often been found in the same sentence.

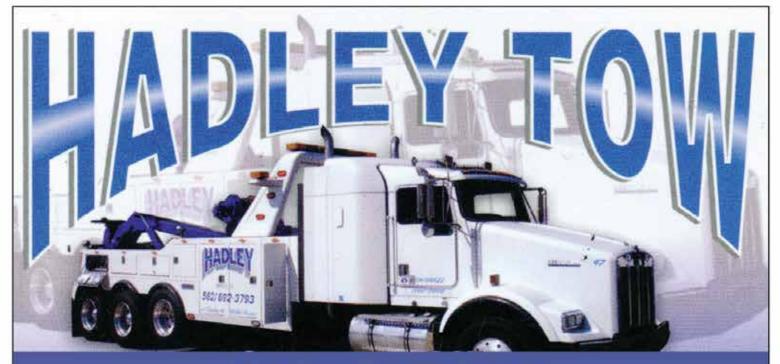
So, what should you do if you can slide into CalAIM's qualifications, receive government financial help to pay for care at home or care in a facility, but can't effectively get the help you need?

That's where Loving Homecare comes in (or, the services of the four other excellent franchise or independent home care organizations here in Whittier). Not only do we carry the burden of recruiting, equipping, managing and developing our teams, we modify the personnel and the care plan when a change is needed, minimize gaps in care, and provide more benefits and more stable work environment for our valuable care providers, which helps build dependability and loyalty that families needing care benefit from.

And lastly, there are legal strategies to convert financial help from CalAIM to pay for the services of a licensed home care organization. Just give us a call, and we'd be glad to share the srategies other families have pursued, and to connect you to Medicare and Medi-Cal specialists to help get you going.



Friendly Hills Property Owners Association - 9



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By Tim Traeger, Editor

A man was allegedly slapping his girlfriend around and officer Brenda King got the call. As part of the Whittier Police Department's Technology Team, once on scene she was able to launch her DJI Mavic 2 EAdrone, an Unmanned Aerial System. As the suspect dodged traffic, leapt fences and ran from the law, King was on his shoulder from above, watching his every move.

"It was an in-progress call," said Lt. Michael J. Przybyl. "It's happening now. On those types of calls we're sending units with lights and siren. They got on scene and he fled. They were trying to establish a containment. She got on scene, got her drone up and located him. He was hopping fences. (King)

was on top of him the entire time. He didn't know the drone was there. We were just watching this guy and putting our pieces together.

"If I remember he tried to hunker down, but she knew exactly where he was. It was a matter of coordinating our people and getting them into place and putting him in custody," Przybyl said.

It's not a smart time to be a criminal.

Forward-thinking police chiefs across the nation have taken the high road, or high technology road, to use eyes in the sky before sending their men or women officers into harm's way. Unmanned Aerial Systems are becoming a fixture and the technology is impressive.

Whittier Police Chief Aviv Bar often posts department information on NextDoor and Facebook and is a pioneering champion of new technology. He tapped Przybyl to lead the WPDs new tech team.

"No pun intended, but our drone program is beginning to really take off," said Przybyl, one of four lieutenants in the department. After earning his master's degree in



Emergency Management from Cal State Long Beach, the Marine shifted gears and set his eyes on the sky. Przybyl wrote his capstone on earthquakes and early-warning systems before altering his focus.

"I ended up switching gears and started looking at unmanned aerial systems," the 53-year-old said. He joined the WPD in 1995 after a two-year stint as an Orange County sheriff and has served in a variety of capacities, including as narcotics detective, SWAT team and the canine unit.

He said drones are only one piece of a high-tech puzzle.

"Drones are only one facet to what's going on here," Przybyl said. "We also

have ground robotics. Drones are the latest, greatest shiny ball. We've gone a little deeper here. We've actually got a team that runs ground robotics and the drones. We support patrol operations, SWAT and our traffic unit."

But when speaking of the coming technologies, he sounds like a kid in a candy store.

"I created a policy and procedures manual for the city," Przyyl said. "At the time, Whittier had one drone. It was used in the event of a natural disaster primarily for mapping. Now the Tech Team has 12 officers, many licensed drone pilots carrying a 107 license through the FAA.

"It's an emerging field with emerging technologies. It changes so rapidly. From the time I started down this path, law enforcement hadn't really considered using it. Now you have cities like Chula Vista. They're the tip of the spear," Przybyl said. "Drones are clearing calls for service. A drone will come out, and depending on the call, a drone will clear it. That's where (law enforcement) is going. They have drones stationed on top of buildings."



Chula Vista "is breaking a lot of new ground," Przybyl said. "The FAA was slow to the party. Most of the restrictions they had in place was for (traditional) aircraft, manned aircraft.

Yet he said they were smart to be cautious.

"Once you get a lot of these things flying, the potential for something bad to happen increases

exponentially. Chula Vista became a test bed. The FAA designated certain areas across the country where testing can occur.

"For them, it's a combination of forward thinking, having the money to do it, the will and the wherewithal behind an amazing program," Przybyl said.

Chula Vista Sgt. Anthony Molina, the department's public information officer, said his chief, Roxana Kennedy, is also a pioneer innovator in technology. His department has four dedicated stations where drones are launched to complete missions without sending in boots on the ground.

"Every week we have several situations where we're saying 'thank God for the drone," Molina said. "We had an 'active shooter' hoax last week. Twenty people injured. Two guys with AR 15s, but the drone said the call was bogus before officers arrived."

"Of course we still have to do our jobs," Molina said. "We'll follow protocol and make sure everybody's safe, but we just have so much more information at our fingertips."

Przybyl can't wait to see what the future brings.

"It's a game-changer in that way," he said. "It's allowed us to make things a lot safer for everybody. And the way the drones are outfitted now, they've got loudspeakers. They've got lights. We haven't had it happen yet, but there's been instances all over the United States where agencies have flown drones inside and they talk a suspect out. They surrender to the drone. It's a better ending."

"There's really no end to what we can use it for," Przybyl said. "It comes down to creativity and, obviously, abiding by the laws that are in place that dictate how we

use it, when we use it and what we use it for."

He finished by crediting two sergeants, Paul Segura and Matt Handlen, as the future of Unmanned Aerial System technology in Whittier.

"They are the heart and soul of the unit," Przybyl said.

Michael J. Przybyl Lieutenant www.cityofwhittier.org

Chief Aviv Bar is a technology innovator, see page 38.



Dear Residents,

There has been an increased volume of dog waste that has been found in Friendly Hills, both on the cement portion of the sidewalks and also on the lawns. We kindly ask that if you are a dog owner, please be respectful of your neighbors' property as well as our community in general.

Together, we can maintain the beauty of our neighborhood. Thank you in advance for your cooperation in this matter.

Linda Dennino Treasurer, Friendly Hills Property Owners Association



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Independent Living



By Allan Nakken

There are currently nine monument signs of varying sizes welcoming people to Friendly Hills. We're no Beverly Hills, but the Friendly Hills Property Owners Association is considering allowing two more signs, on Colima Road north at Whittier Hospital and south just before Mar Vista, to further brand our unique enclave.

The Friendly Hills Property Owners Association is dedicated to branding our slice of Southern California.

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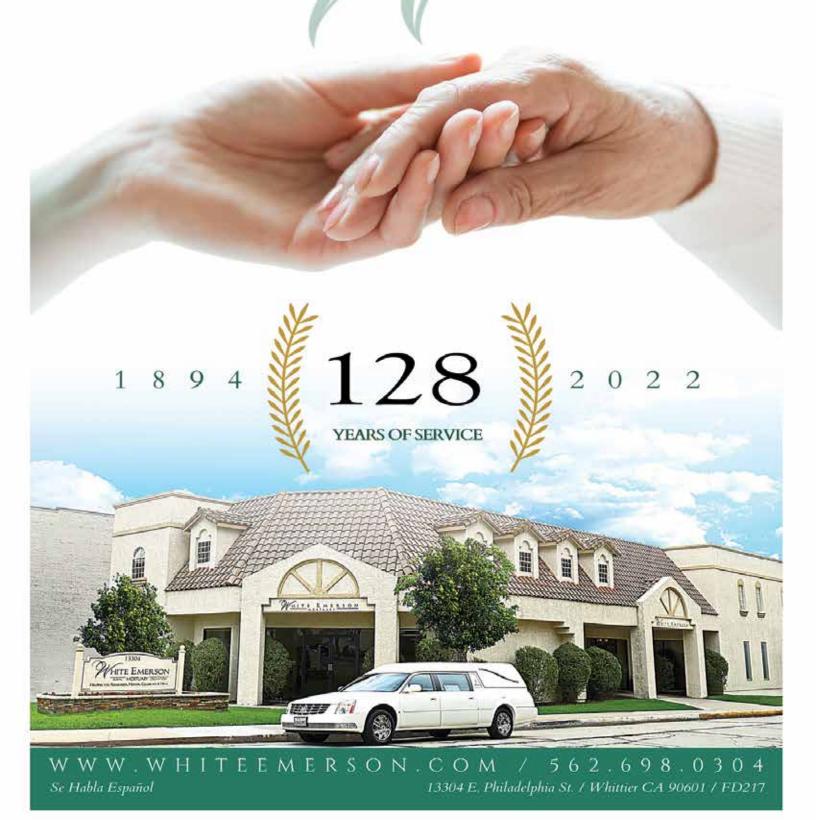


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WHITE EMERSON MORTUARY



Their fun is trailer-made

By Tim Traeger, Editor

It's not a tale by Jack Kerouac. It's a way of life for two friends who met at La Serna High School.

"It started with 'do you want to make a quick cooking video? Come over and help me.' said Gabriela Gasca, 32. "The cooking stuff led to the traveling stuff we were interested in."

The dynamic duo of Gaby and Kirpa Sudick, 30, attract followers, both to their UTube videos and their adventures. During the pandemic-stricken year of 2021, they put their minds to work on a fascinating project.

"Because the world was on fire, we said, 'we've got to go out in nature and let nature heal us," Gaby said. Having a teardrop trailer would be freedom to roam where the road leads on their own time.

So they turned to web sites like OfferUp, Craigslist and Facebook Marketplace to see what was out there.

"Teardrop trailers are expensive," said Kirpa, the daughter of longtime Whittier dentist and Friendly Hills resident Dr. John Sudick.

A standard base model on Vistabule.com is north of \$23,000.

The duo found a broken-down version on the web for \$4,500. The pair put another \$3,000 into it. What ensued was a bonding experience money can't buy.

"Let's put as little money into this to make it functional for us and get it on the road," Kirpa said. She didn't realize her dad is a perfectionist.

"I drew up a completely different plan for their electrical," John said. "And then found out the electrical system was extension cords tied together."

Her dad had unwittingly gone back to school.

"This was 400 hours of my time," the USC grad said. "One of the most complicated things were the struts. It was a lesson in physics."

The girls were hard at word stripping decades of paint off interior plywood. John assumed the role of mad scientist, Gaby drew where the wires should go.



From left, Kirpa Sudick, 30, Gabriela Gasca, 32, and Dr. John Sudick used layered coats of epoxy to complete their teardrop trailer's cutting board. Image by Tim Traeger

When the 10-foot trailer, complete with solar power, a lithium battery system, sink and kitchen was ready for its inaugural journey, Kirpa and Gaby researched gas prices to see where they should first go.

They planned a Utah-Arizona journey and teamed up with seasoned campers with an RV.

"They were experienced campers in case anything went wrong," Kirpa said.

The first problem in their shakedown trip was speed. Kirpa's Mazda CX5 and the trailer had a 65-mph limit, with a tailwind.

"What we thought was going to take 11 hours look 15," Kirpa said.

The tech-savvy pair used an app called "Eye Overlander" to find places to camp on their trip to Utah.

The Utah to Arizona loop was followed a month and a half later with a 16-day journey to Florida.

The one thing the trailer doesn't have?

"Air conditioning," Gaby groaned.

A hot life on the road is made doable with a jug for a urinal, a bucket for a toilet and a gravity solar shower if a public one isn't nearby.

They ended up seeing parts of America most won't, on their own schedule. No reservations required.

"The coolest thing was connecting with people," Gaby said. The pair wrote a Venmo address on the side of their trailer, inviting people to donate gas money to their trip and follow them on Instagram.

"Help us. Follow our journey and donate for gas," Kirpa said.

Initial negativity turned positive and human kindness shown through.

"People were SO nice. 'Take the next exit, we'll buy your gas,' one guy on a motorcycle said. One woman flagged them down to donate cash.

"You guys remind me of a friend who passed away," she said.

The spirit of Americana lives.

"And out there in the South," Gaby said. "The people who wanted to contribute to help us pay for stuff also would tag us on their Instagram. Southern hospitality is real. They're having a positive impact on us, and we're having a positive impact on them."

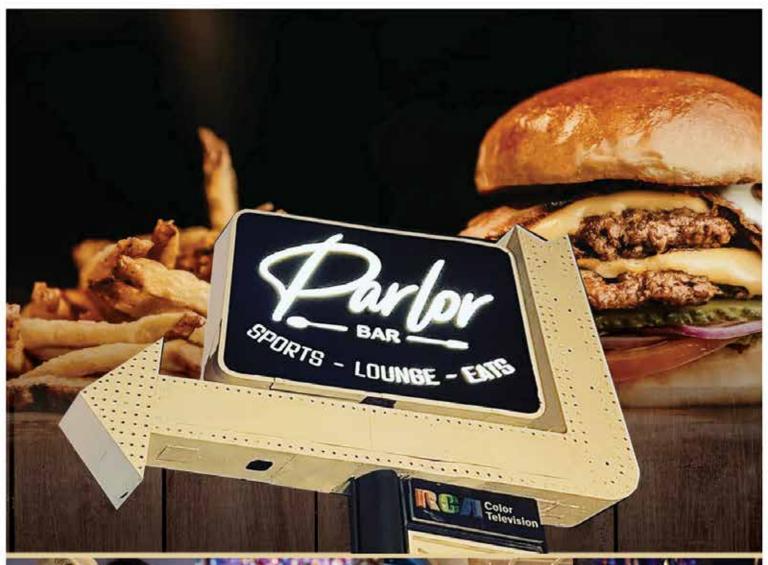
Over 16 days, Kirpa and Gaby broke about even. Except for what they owe papa John.

"We give a huge thank-you. We couldn't have done it without you," Kirpa said. "The people following us and the ones we met on the road, it kept us going. It uplifted us."

Perhaps the real winner in this trip on the road was John. He got to reconnect with his daughter and bond with her friend.

"I learned a lot," John Sudick said. "In the end I was able to bond again with my daughter and Gaby," he said. "These guys learned about power saws, drills, Kirpa was in there with the sander, peeling paint off the walls."

The pair also reportedly raised \$2,000 for charity. They said they will continue their cooking blogs on Twitch and are searching for new platforms for their creativity.





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American Dental Association California Dental Association Whittier Area Chamber of Commerce

California High School along with providing

college scholarships. The Whittwood

Heights Women's Club would meet the last

Wednesday of each month in a member's

house and volunteered more than 600 hours

a year at the Metropolitan State Hospital

along with providing special gifts for patients

at the holidays and provided a TV set for its

By John K. Sudick, DDS

FRIENDLY COMMUNITY SERVICE, 1950-1960'S A Time of Joining Clubs

In 1960, Whittier had more than established service clubs organizations devoted to community service. Some of these groups dated back to the early part of the century and displayed the area residents' level of civic consciousness. Some of the more distinguished members of these Whittier organizations included the late Mrs. Lou Henry Hoover, wife of President Herbert Hoover and a resident of Whittier during her youth. And Richard M. Nixon, 37th president of the United States.

The Assistance League building at 313 North Greenleaf is headquarters for one of the most active women's organizations in Whittier.

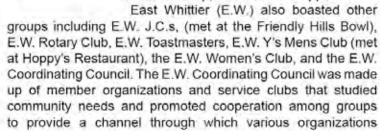
Hoover's accomplishments include a new central public library in 1959, an art gallery, swimming pools and a burgeoning community of artisans immersed in theater, art and professional writing.

The East Whittier Lions Club met every Thursday for lunch at Welch's Restaurant. In May 1962, the group celebrated its 40th anniversary. Their fun, comradery and lighthearted activities provided scholarships, help build cabins at the YMCA Camp Arbolado in the San Bernadino Mountains, and many other projects over the years benefiting the youth and community. The East Whittier Lions group met at the EW Women's Clubhouse and would join other area Lions Clubs to fulfill its message, "To serve."

Many civic-minded Friendly Hills residents were contributing members of other organizations such as the Assistance League of Whittier, East Whittier Masonic Lodge, the American Legion

Whittier Post 51, the Whittier Area Chamber of Commerce and the Whittier Junior Chamber, or JAYCEES. The American Legion Post 51 founded in 1919 had received commendations for their service to Veterans Welfare and also for its youth programs such as Boys State, junior baseball, and Scouting activities. The Post purchased playground equipment and in 1951 undertook the construction of a Youth Center at Palm Park.

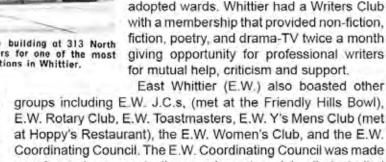
The East Whittier Kiwanis Club aided the drive to build swimming pools at



The Assistance League of Whittier had its early beginnings in 1952 when eight women met to explore the future of a woman's philanthropic organization. The following month an additional eight friends joined them, and they created an organization which

may exchange information and pool resources to sponsor any

was called the Whittier League, Knowing the record of National Assistance League for high standards of community service, the Whittier women decided to qualify as a chapter. In order to become a probationary chapter, the membership was increased to 25, and in September of 1953, the twenty-five women became a part of the national organization. (https://www.assistanceleague.org/ whittier/about-us/history-of-assistanceleague-of-whittier/) The old Automobile Club building near Greenleaf and Hadley



project worthy of the effort.



Life members of Whittier American Legion Post 51 include, left to right, Frank Holland, George Baker, Richard M. Nixon, Vince Walker, and John Van Fleet.



Streets purchased in 1958 was remodeled and in 1959 became the chapter house. In 1964 with an addition constructed to the west, offices and a thrift store created fund-raising more opportunities for the organization's philanthropy while helping the local

Friendly Hills. The Assistance League of Whittier,

built to irrigate the

orchards of Friendly

Club was founded

general culture and

the opportunity for

the community

service

social

1952.

Women's

members

Women's Club of East Whittier, Lions Club, Masons, and many other organizations in Whittier are still active today due to volunteers like you who give so much to make our community a

great place to live, work, and play.



Whittier is represented each year in the Pasadena Rose Bowl Parade. The entry is promoted and built through efforts of members in the Rose Float Association.

Whittier's chapter of S.P.E.B.S.Q.S.A. Is an in-formal group of men who love to sing and enjoy good fellowship. The chapter meets every Wednesday at 8 p.m. in Hinshaw's auditorium. community with low-cost clothing and household goods. The

early volunteers participated in Child Day Care at Broadway

Park, the establishment of the Girls' Club at Palm Park Youth Center, recreation programs at Los Nietos and Dexter schools, assisted the Whittier Community Chest fund, and helped with the founding of the Family Service Association and the Visiting Nurse

Association.

In the 1960's, our own Friendly Hills Woman's Club met the 4th Thursday of September and then the 2nd Thursday thereafter through June at the East Whittier Women's Club on Second and California Streets in the converted pump house for the water company Mr. Murphy

Many of the Masonic Lodges in the area hold their meetings in the home of the Greenleaf Lodge on West Beverly Blvd.

If you have stories and photos to share

from your early life in Friendly Hills, please email Dr. John Sudick at

FriendlyHistory@gmail.com.



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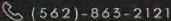




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City of Whittier is prioritizing public safety

Many of you have recently asked about the increase in crime both in our region and in Whittier. I want to take the opportunity to explain about how the City is prioritizing public safety and also thank the Whittier Police Department for their ongoing dedication to serving the needs of our community.

Public safety is a top priority for the entire City Council, so much so that we consistently allocate more than 30 percent of the City's General Fund to safety and services that maintain Whittier's quality of life. Because of this investment, there are adequate personnel and resources for the Whittier Police Department to respond to more than 43,150 calls for service from residents and business owners each year. The department also achieves an average 4:32 minute response time for emergencies which is faster than the national average of five to seven minutes.

Recent data show the Whittier Police Department has a funded complement of 125 sworn personnel, with 92 sworn personnel assigned to the City of Whittier, and 33 sworn personnel assigned to the City of Santa Fe Springs, through a police services contract established in 1995.

Crime has become a major concern for many, but it is important to note that trends in Whittier are consistent with communities throughout Los Angeles County that have experienced a steady increase in "quality of life" crimes and conditions. A trio of changes in sentencing and parole/probation supervision – AB 109, Proposition 47, and Proposition 57 – have fundamentally changed the quality of life in our community.

Despite changes by the Legislature, courts, jails, and the District Attorney's misdemeanor policies have resulted in offenders most often being released back into our community within hours of an arrest. Additionally with the increased workload, the Whittier Police Department still responds to every call they receive. Because of these factors, the department is in a constant recruitment and hiring mode to fill vacancies created by impacts due to work-related injuries, various leaves, and retirements.

There's no question that recruitment has become a challenge for law enforcement agencies nationwide, however the City has continued to prioritize attracting and retaining highly qualified officers through a 2020 Council-approved \$15,000 hiring bonus for lateral officers; an internal referral incentive of \$5,000 resulting in over 80 percent of new hires having been recommended by existing employees; and a \$75,000 "silent second" homebuyers' incentive for Whittier officers choosing to live in the City. In fact, the Whittier Police Department was effective and extremely successful in hiring 43 police officers in just the past 36 months, which was mainly due to retirements or officers choosing other law enforcement investigative careers that do not involve patrol duties.

The City has also made a significant investment in police department equipment, technology, and overall officer well-being which includes:

- the latest mobile computing police car technology,
- · updated fleet and patrol vehicles,
- the purchase of drones for patrol and tactical use,
- body-worn cameras,
- · the deployment of license plate reading cameras citywide,
- a service contract with a law-enforcement-specific mental health support provider for all police department employees.

As a reminder, residents and business owners are welcome to call (562) 567-9200 or visit www.whittierpd.org for more information on specific services and additional details on how to establish a Neighborhood Watch program. The Whittier City Council remains committed to creating a balanced, safe, and well-maintained community for the benefit of our residents and their families well into the future. We recognize the critical role the Whittier Police Department plays in ensuring we meet this goal day in and day out. Please take the opportunity to thank the officers you encounter on duty and let them know how much Whittier appreciates their dedication to serving our community.



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Should you consolidate retirement accounts?

One of the rewards for working over several decades is the ability to contribute to tax-advantaged retirement accounts, which can help provide needed income for you when you do retire. As the years went by, you may well have accumulated several retirement accounts, such as IRAs and 401(k)s or similar employer-sponsored plans. But you might find it advantageous to consolidate these accounts with a single provider.

Consolidating them can provide you with several potential benefits, including these:

- Less confusion and clutter If you have multiple accounts in different locations, it may be difficult to keep track of
 tax documents, statements, fees, disclosures and other important information. Consolidating accounts could help
 provide clear, simplified account maintenance.
- Less likelihood of "lost accounts" It may be hard to believe, but many people abandon their retirement accounts, leaving thousands of dollars behind and unclaimed. In fact, at the end of 2021, there were nearly 25 million forgotten 401(k) accounts, worth about 20% of all 401(k) assets, according to an estimate by Capitalize, a financial services company that helps individuals roll over retirement plan assets into new accounts. It's possible that employers can even move small, old accounts out of their 401(k) plans and into an IRA on behalf of their former employees, thus increasing the chances that savers will lose track of their money. By consolidating your retirement plans with one provider, you can ensure you don't lose track of your hard-earned money.
- Ability to follow a unified strategy With multiple retirement accounts, and different investment portfolios, you
 might find it difficult to maintain a unified financial strategy that's appropriate for your goals and risk tolerance. But
 once you've consolidated accounts with a single provider, you'll find it easier to manage your investment mix and
 to rebalance your portfolio as needed. The need to rebalance may become more important as you near retirement
 because you may want to shift some of your assets into investments that aren't as susceptible to swings in the
 financial markets.
- Possible improvement in investment options Often, 401(k)s may have limited investment selection, so
 consolidating accounts with a full-service firm may allow for a wider array of products and strategies. This broader
 exposure can potentially help you improve your overall retirement income strategies.
- Greater ease in calculating RMDs Once you turn 72, you will need to start taking withdrawals called required
 minimum distributions, or RMDs from your traditional IRA and your 401(k) or similar plan. If you don't take out at
 least the minimal amount, which is based on your age and account balance, you could face a penalty. If you have
 several accounts, with different providers, it could be cumbersome and difficult to calculate your RMDs it will be
 much easier with all accounts under one roof.

So, if you do have multiple retirement accounts, give some thought to consolidating them. The consolidation process is not difficult, and the end result may save you time and hassles, while also helping you manage your retirement income more effectively.

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This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC



Whittier Police Employ the Latest Crime Fighting Technology

Technology has played an increasing role in helping the police department detect and address criminal activity in the community. Private sector and military technology advancements have found their way into everyday law enforcement as a way to better protect police officers and the community.

Drones

Once only used by the military, drones have become readily available for commercial and general public use in the past decade. Two years ago, the police department developed a drone deployment policy based on FAA regulations and best-practice privacy considerations. This policy paved the way for the Whittier Police Department to become one of the first law enforcement agencies in Southern California to deploy such technology in the field.

Today, the police department operates several external and internal drones, in support of patrol and SWAT operations. A team of police officers who have successfully passed FAA testing and logged numerous flight hours, carry these devices in their police cars for immediate deployment. The external drones are often used by patrol teams to conduct tasks such as rooftop checks on burglary alarm calls, backyard arial searches for suspects during foot pursuits and containments, area checks for missing persons, and close visual access when dealing with vehicle standoffs. The department also operates smaller internal drones, designed to search the interiors of buildings for dangerous suspects before committing officers into harm's way. Our drones and drone operators have been responsible for locating multiple suspects, especially during overnight hours, with the use of infrared drone camera technology.





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Automatic License Plate Recognition (ALPR) Cameras

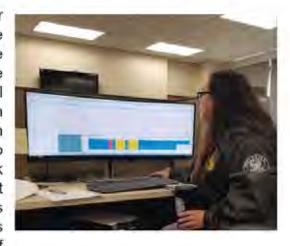
Common use of license plate reading technology has been around for more than two decades, however with advancements in electronics, once large, pricy and cumbersome systems have been downsized considerably with increased ease of installation, solar power and wireless integration. This year, numerous ALPR cameras were installed citywide to help police officers locate stolen and wanted vehicles as they travel on our streets. Whenever a car is reported stolen to law enforcement, or when law enforcement identifies a vehicle that is wanted for a serious crime, the license plate information is entered

into a state database. When officers work patrol, they routinely run license plates in hopes of getting a match on a stolen or wanted vehicle. While a police officer can realistically run 20-30 license plates during free patrol time of an entire shift, the ALPR cameras run every vehicle that passes them, 24/7. The plates are checked against the state database and when a match is identified, our dispatch center is notified within seconds. The information is then shared with area patrol officers.

Since going online, the ALPR camera system has alerted officers to numerous stolen and wanted vehicles traveling through the city. Utilizing the ALPR system, officers have arrested numerous car thieves and returned vehicles to their owners. Criminals often steal vehicles to commit other crimes, such as burglaries, robberies and shootings. During several of the traffic stops associated with ALPR matches, officers have recovered ghost guns, drugs and stolen property. Recently, officers stopped a vehicle as a result of an ALPR camera match, where the driver was wanted for an assault with a deadly weapon in a neighboring city. The extra layer of watchful ALPR cameras is working well to keep our city safe.

Internet Crimes Against Children

Identifying and tracking down pedophiles who target children in our community is a top priority for the police department. Our children are exposed daily to numerous online platforms and apps, which provide criminals with opportunities to entice, trick and exploit juveniles. The Whittier Police Department is a member of the Los Angeles Regional Internet Crimes Against Children (LA ICAC) Task Force. Along with other police departments in Southern California, we participate in information sharing, leads follow-up, and criminal investigations into activities that target children through digital means. Detectives work with Internet service providers and social media companies as part of each investigation. When warrants are served and evidence is seized, the police department utilizes advanced computer forensics technology to retrieve crucial data from devices for the purpose of prosecution.



Parents should be highly involved in the online and phone usage of their children. Various apps and programs are available for parents to monitor phones, laptops, and tablets, to ensure children are not being manipulated or exploited by others online.



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Friendly Recipes By Lou Grimald



Following our International tour of foods, this quarter I am highlighting Spanish food, specifically Tapas. Tapas are Spanish comfort food served usually for lunch in bars, cafes and homes. They are usually small portions on small plates. Below you will see some of my favorite choices. Disfrutar la comida y Beber (Enjoy the food and drinks!)



SPANISH TORTILLA

Usually made with thinly sliced potatoes, sometimes onions, and eggs, Spanish Tortilla is a delicious and simple vegetarian meal for any time of day. We took a shortcut - potato chips! Not only are they way easier to prep than raw potatoes (no mandoline needed!) they also impart the delicious fried flavor that is typical in a classic tortilla.

INGREDIENTS

FOR SPANISH TORTILLA:

8 large eggs, beaten

4 oz. thin-cut potato chips (Lays work the best)

1 tbsp. freshly chopped rosemary

Kosher salt

Freshly ground black pepper

2 tbsp. olive oil

1 garlic clove, halved

FOR SOUR CREAM SAUCE:

1/3 c. sour cream

2 tbsp. freshly chopped chives, plus more for garnish

1 tsp. lemon juice

1 tsp. lemon zest

Kosher salt to taste

DIRECTIONS

 Heat oven to broil on high. In a large bowl, fold together eggs, potato chips, and rosemary. Season with salt and pepper and let

GOURMET SPANISH HAM & GRILLED CHEESE

Your classic American Ham and Grilled Cheese Sandwich gets a gourmet Spanish makeover with Majorero Semi-Cured Goat Cheese and Jamón 100% Ibérico de Bellota.

INGREDIENTS

4 slices of crusty bread

3 Tablespoons butter, room temperature

3-4 oz. Majorero Semi-Cured Goat Cheese, thinly sliced

6-12 slices Jamón 100 percent Ibérico de Bellota (depending on how your jamón is cut)

DIRECTIONS

- Heat a cast-iron skillet on medium-low heat.
- Evenly layer cheese and jamón inside the bread and spread butter on the outside of each slice.
- Place sandwiches in skillet and cook until golden brown, being careful not to burn. Flip and continue to cook until the other side is also golden and cheese has melted.

Options if you do not want to use Jamon or Majorero Goat Cheese: Instead of Jamon which is quite pricey I would use Springfield Ham which comes from Springfield and their process for preparing ham is very flavorful.

Instead of Majorero Goat Cheese you can use the same amount of cream cheese or mascarpone cheese, both of which will give you a similar creamy texture.

sit undisturbed for five minutes.

- In a 10-inch skillet over medium heat, heat oil and garlic clove. Cook garlic, stirring occasionally, until tender and lightly golden. Transfer garlic to a cutting board and pour in egg mixture. Cook, without stirring, until edges begin to turn golden and pull away from the edge of the pan. Transfer skillet to oven and broil until center of tortilla only slightly jiggles, two to four minutes, depending on the strength of your broiler.
- Meanwhile, mince cooked garlic halves and place them in a medium bowl with sour cream, chives, lemon juice, and lemon zest. Season with salt and stir to combine.
- Let tortilla cool ten minutes, slice into wedges, and serve topped with sour cream sauce and more chives.





The La Serna Sports Corner will feature a different athlete each edition of the Friendly Hiller and is compiled by Friendly Hills Property Owners Association board member and La Serna supporter Paul Echavarria.



Bella McCaffer

Bella McCaffer is our senior captain and setter. She leads with composure, awareness and positivity. As our senior setter, she has led the team to big wins over Whittier Christian, Downey and Los Altos. She is contributing in more ways than one, leading the team in assists, leading the team in aces and averaging five kills and two blocks per match! League is just beginning and with a leader like Bella and a strong supporting cast including Ashlynd Larson, Ava Corona and Miranda Infante, La Serna is a force to be reckoned with.



Back row, from left, Coach Monique Gayton, Mia Hess, Jess Vega, Makenzie Theisen, Alana Bonilla, Charlize Guzman, Maryah Tiscerano, Lacticia Moreau, Lily Sotelo, Summer Johnson, Assistant Coach Malorie Gayton.

Front row, from left, Ava Corona, Juliette Casillas, Ashlynd Larson, Bella McCaffer, Riley Leija, and Miranda Infante.



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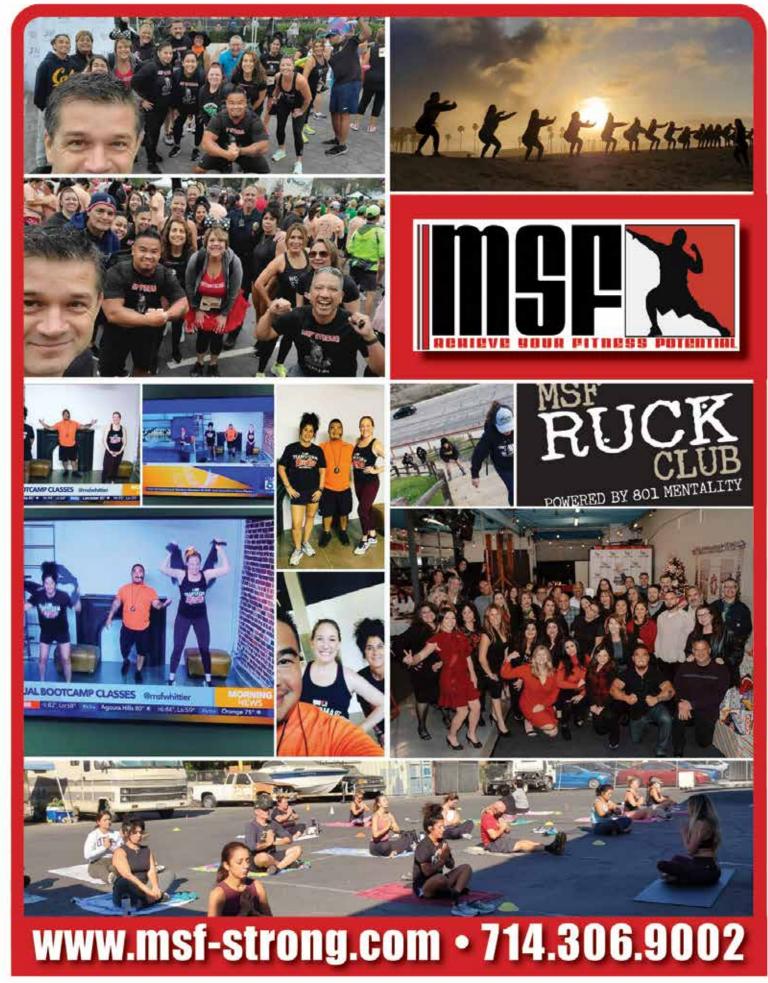


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SCAN HERE





This 5,000-square-foot ranch-style home at 15992 Carmenia Drive is almost hidden by the cul-de-sac across the street at Puesta Del Sol Drive. Walk around back, however, and feast on fantastic views of the Pacific Ocean and both Orange and L.A. counties. Image by Tim Traeger

"Home of the Quarter" is a hidden gem



By Tim Traeger, Editor

Meander up La Alba and you'll hit Carmenia and Puesta Del Sol drives. Across the street is an expansive, one-story, 5,000-square-foot, five-bedroom ranch-style gem on a 1.5-acre lot at 15992 Carmenia Drive owned by lifelong Friendly Hills resident James Edward Cauffman, known by his plethora of Whittier friends simply as Jed.

He was brought home soon after his birth in 1954 at Murphy Ranch Hospital and together with his kid brother Steve, they enjoyed the fruits of living in Friendly Hills.

"Eisenhower was president when the home broke ground," said Jed, a retired pastor at East Whittier Presbyterian Church who lives there with his wife, Nancy, his daughter, her husband and three granddaughters.

He gestured to come around and see the back yard.

After passing a large cacti garden, the back yard opens to a generous view of Downtown Los Angeles.

"From the upstairs we have a view of Orange County, we see the Disney fireworks, and when it's clear you can see Downtown L.A. and on good days you can see the Hollywood sign," said the 67-year-old man of God. "Sit down right here, and you can see cars coming up the road, so you know who's coming at you," Jed said. "It's just a neat, relaxing place.

A couple of lawn chairs mark his favorite spot in the back yard, which was designed by his late mother.

Jed said many a fine wedding has happened in his back yard.

"My mom's memorial service, my brother Steve's first wedding. This yard doesn't show it because of the water cutbacks, but my mom sat down and designed this, his hand sweeping across the interior back yard.

"When the sun's right in the afternoon and it's clear, and it catches the glimmer, you can see the ocean," Jed said. He said he spent a "tough year" preaching to a small flock in Jordan, Mt. before moving back to Whittier.

"There were 300 people, 1,200 in the county. I served as their fill-in pastor for a year. That was such a cool experience," Jed said over breakfast at La Habra Heights Café. Upon his return to Whittier in 2017, Jed said the experience made him appreciate Whittier more.

"I enjoyed being with the people and I like talking," Jed said. "I love preaching, it's fun. I suppose it's a gift, a calling." He said he has no plans to leave his home on the hill. For fun Jed rides his bike.

"There's a lot of cool places to ride around here," Jed said. "As a bike rider when I lived here before, I never discovered Turnbull Canyon, which is a good bike ride. It will make an old guy sweat. All these up-and-down streets in La Habra Heights

are fun.
"I've learned so much more since being back," Jed said. "About this area than I ever knew before."I don't deserve this," Jed

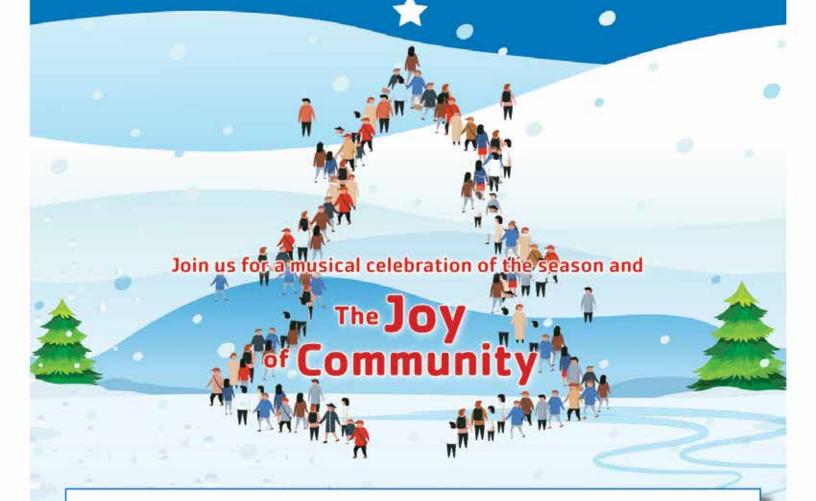
said humbly. "I was born into the right family."

Jed is especially close to his kid brother Steve, who sponsored him into the Whittier Host Lions Club.



43rd Annual YMCA of Greater Whittier Christmas Prayer Breakfast

December 2, 2022



The program will focus on seasonal music and inspirational messages about what it means for us to contribute to our vibrant community through our programs and services.

This event, like all programs at the YMCA, is open to all. We hope each of our guests will leave feeling uplifted by the joy of the Christmas season!

7:00 - 9:00 a.m.
YMCA Uptown, 12510 Hadley Street • Whittier, CA

SPONSORSHIP OPPORTUNITIES CONTACT

Juan Aceves at (562) 392-6487 or email jaceves@ymcawhittier.org



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